Mustang Messenger

 $www.frelinghuysenschool.org\\ May 31^{st}-June\ 3^{rd}$ 

### DATES TO REMEMBER

JUNE 8<sup>TH</sup> – BOE MEETING

JUNE 13<sup>TH</sup> – 15<sup>TH</sup> – EARLY DISMISSAL

JUNE 14<sup>TH</sup> – KINDERGARTEN GRADUATION

& 6<sup>TH</sup> GRADE GRADUATION

JUNE 15<sup>TH</sup> – PRE-K MOVING UP CELEBRATION

JUNE 15<sup>TH</sup> – LAST DAY OF SCHOOL

JUNE 22<sup>ND</sup> – BOE MEETING



Saturday, June 4, 2022 at 10:00am at

Frelinghuysen Township School

# FRELINGHUYSEN MUSTANGS FUNDRAISER online ordering 2022



#### **Boy Scout Troop 140 - All You Can Eat**

### Pre-Father's Day

#### Pancake Breakfast

Sunday, June 12th, 2022 8:00AM - 10:30AM At American Legion Post #258 Givens-Belet 22 Hope Road (County Route 521) Blairstown, NJ



*"Come & Get a Belly Full!!"* 

\$10.00 Adult \$5.00 kids 4-12 Under 3 Free

Breakfast Includes: Regular Pancakes, Blueberry, Chocolate Chip, Sausage or Bacon, Coffee, Tea, Apple Juice or Orange Juice



Come Support the Boys of Troop 140!





## PARAPROFESSIONALS NEEDED

Interested applicants should submit a letter of introduction, resume, and certification(s) if applicable.

Visit www.frelinghuysenschool.org to apply today!

#### **ALLAMUCHY-GREEN FIRST AID SQUAD BLOOD DRIVE**

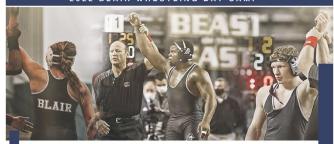
The Allamuchy-Green First Aid Squad's first blood drive in January was a very successful event! We collected 56 units (38 whole blood and 18 ALYX products). Those units went on to help save over 165 lives. None of this would have been possible without a successful blood drive. We hope you can attend our upcoming drive. It is preferred that you schedule a time slot by clicking on the link below, however, walk-ins will be accepted.



https://donate.nybc.org/donor/schedules/driv

HAFNER HALL **284 ALPHANO RD GREAT MEADOWS, NJ 07838** 





CAMP DETAILS

SESSION 1: 6/27/22 - 6/30/22

SESSION 2: 7/11/22 - 7/14/22

TIME: (9 A.M.-NOON)

LOCATION: BLAIR ACADEMY, BLAIRSTOWN, NJ

AGE LEVELS: ELEMENTARY -MIDDLE -HIGH SCHOOL

TUITION: \$225 PER CAMPER, PER SESSION

Blair Wrestling Program:
The Blair Academy high school wrestling program has been at the top of high
school wrestling for the past decade. Blair has turned out champion wrestlers
on all levels of competition. At the high school level, Blair has taken home over
142 individual National Prep titles. At the collegiate level, 17 wrestlers have
gone on to become NCAA Champions, winning a total of 69 titles. Blair has
also produced 23 NCAA All-American wrestlers, including several multiple time
place winners.

Camp Goals and Expectations:
The Blair Wrestling Day camp will focus on a range of skills and concepts. Beginning with teaching solid fundamentals and basic athletic skills which are essential for success at any level to more advanced techniques and fine points to success. Each session will consist of a mixture of technique illustration and drilling, live wrestling, and specialized training activities, which are designed to increase strength, speed, endurance and stamina; all of which are an important in wrestling. The live wrestling portions of each session will give our staff a better opportunity to individually examine, and evaluate each student's performance in a competitive situation. Overall, these intense workout sessions will be very similar to Blair Academy's regular high school training sessions.

Medical Care: Certified Athletic Trainer will be onsite

Camp Director: Ross Gitomer, Blair Wrestling Head Coach (c) 908-310-8267

Registration: https://blairwrestlingcamps.totalcamps.com/shop/EVENT

