



THANK YOU VETERANS!

FREE Y ACCESS NOVEMBER 9-15

We're honoring those who serve — and the families who serve alongside them.

From November 9–15th, Veterans, active-duty military members, and their immediate families can enjoy a FREE week at the Sussex County YMCA.

Join us for swimming, group fitness classes, family fun, and time to connect — because you've given so much to our community, and now it's our turn to give back.

Experience the Y:
Fitness Center & Pool Access
Group Exercise Classes
Family & Youth Activities
Community Connection

No registration required — just bring a valid military ID or proof of service.

metroymcas.org/veterans

Not a School Sponsored Program